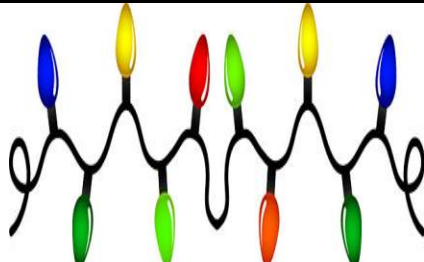





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| Every meal is served with fruit and milk |
| We serve two snacks a day |
| Allergy meals is available for students with allergies limited |
| Vegetarian meals are available |
| Outside breakfast is prohibited |
| We do not serve pork, nuts and fish |

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|
| | | | | 1 |
| | | | | BREAKFAST Multigrain Cheerios with Whole Grain Strawberry Zac Attack Bar LUNCH Baked Mac & Cheese and Chicken Bites ALLERGY Turkey Sandwich on Wheat |
| 4 | 5 | 6 | 7 | 8 |
| BREAKFAST Whole Grain Corn Chex with Whole Grain Strawberry Zac Attack Bar and Orange Juice LUNCH Crispy Chicken Sandwich ALLERGY Chicken Salad Sub Sandwich | BREAKFAST Blueberry Burst Bagel with Cream Cheese Packet and Fruit LUNCH Flame-Broiled Beef Pepper Jack Cheeseburger ALLERGY Turkey Sandwich on Wheat | BREAKFAST Jumpstart Breakfast: Mini Dipper doodle with String Cheese LUNCH Classic Chicken Parm Pasta ALLERGY Dairy Free Option | BREAKFAST Turkey & Cheddar Brekwich with Fresh Fruit LUNCH Chicken Bites with Ketchup ALLERGY Turkey Sandwich on Wheat | BREAKFAST Whole Grain Cinnamon Chex with Whole Grain Strawberry Zac Attack Bar and Fresh Fruit LUNCH Oven Roasted Chicken Sandwich ALLERGY Turkey Sandwich on Wheat |
| 11 | 12 | 13 | 14 | 15 |

| | | | | | | |
|--|---|---|--|--|-----------|-----------|
| <p>BREAKFAST Whole Grain Corn Chex with Whole Grain Mini Dipperdoodle Bar and Fruit</p> <p>LUNCH BBQ Chicken with Cheesy Rice</p> <p>ALLERGY Turkey Sandwich on Wheat</p> | <p>BREAKFAST Whole Grain Cheerios with Whole Grain Mini Dipperdoodle Bar and Fresh Fruit</p> <p>LUNCH The Revolution Hot Dog with Ketchup Packet</p> <p>ALLERGY Turkey Sandwich on Wheat</p> | <p>BREAKFAST Autumn Spice Muffin with 100% Pineapple Juice</p> <p>LUNCH Chicken Enchiladas Roja with Seasoned Rice</p> <p>ALLERGY Dairy Free Option</p> | <p>BREAKFAST French Toast Sticks with Syrup Packet and Fresh Fruit</p> <p>LUNCH Cheese Pizza</p> <p>ALLERGY Chicken Salad Sub Sandwich</p> | <p>BREAKFAST Multigrain Cheerios with Whole Grain Strawberry Zac Attack Bar</p> <p>LUNCH Lone Star BBQ Chicken Sandwich with BBQ Sauce Packet</p> <p>ALLERGY Turkey Sandwich on Wheat</p> | | |
| 18 | | 19 | | 20 | 21 | 22 |
| <p>BREAKFAST Allergen-Free Oatmeal</p> <p>LUNCH Chicken Bites with Ketchup Packet</p> <p>ALLERGY Dairy Free Option</p> | <p>BREAKFAST Cinnamon Crumble with Fresh Fruit</p> <p>LUNCH Kickin Chicken Melt Sandwich</p> <p>ALLERGY Chicken Salad Sub Sandwich</p> | <p>BREAKFAST Autumn Spice Muffin with Fresh Fruit</p> <p>LUNCH Flame-Broiled Beef Pepper Jack Cheeseburger</p> <p>ALLERGY Turkey Sandwich on Wheat</p> | <p>BREAKFAST Whole Grain Corn Chex with Whole Grain Mini Dipperdoodle Bar</p> <p>LUNCH The Revolution Hot Dog with Ketchup Packet</p> <p>ALLERGY Turkey Sandwich on Wheat</p> | <p>NO SCHOOL</p> | | |
| 25 | | 26 | | 27 | 28 | 29 |
|  <p>NO SCHOOL</p>  | | | | | | |

